

BCF VOLLEYBALL RULES



PRE GAME

- All teams must pay prior to commencement of game.
- Minimum of 4 players on court.
- One female on court at all times.
- Maximum of 6 players on court.

THE SERVICE

- Play starts on umpires whistle before each point.
- The server must stand behind the base line.
- The ball must be tossed or released before hitting over to serve.
- On change of serve, the serving team must rotate position clockwise. The new server continues to serve until the point is lost.
- The ball can touch the net at any time including during service.
- The ball cannot be returned directly from a service if it is played above the height of the net. (Eg, spike or block.)

THE GAME

- Maximum of 3 hits per side.
- Ball can be hit with any part of the body but never more than once consecutively by the same person except when blocking.
- A ball on the line is in.
- No person to touch the net during play.
- The ball must not be carried, eg, scooping off open palms.
- Teams must keep formation when rotating.
- Extra players can be substituted on at any time.

SCORING

- The winning side scores a point off every serve.
- The first team to 25 points with a 2 point advantage wins the set.

UMPIRES DUTIES

- Return the ball to the kiosk after the game.
- Umpires select a best male and best female player from the game.